

May 1 - May 29

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1.5c. Fresh Orange -1 Milk - 8oz
4 W/G Mini Cheese Quesadillas - 3 Plantains - 3/4c Cherry Craisins - 1/2c Milk - 8oz	5 All Beef Hamburger on Wheat Hamburger Bun - 1 Sweet Potato Fries- 1c Fresh Apple-1 Milk - 8oz	6 Cheese Lasagna with Spaghetti Sauce-4 oz. Green Beans-3/4c. Whole Wheat Dinner Roll - 1 Fresh Pear-1 Milk -8oz	7 BREAKFAST FOR LUNCH French Toast Sticks-3 w/Syrup Turkey Sausage Patty-2oz Black Bean & Corn Salad - 3/4c Fresh Banana-1 Milk - 8oz	8 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1.5c. Fresh Orange -1 Milk - 8oz
11 W/G Chicken Fries -8 Diced Carrots -1c Fresh Banana-1 Wheat Dinner Roll-1 Milk -8oz	12 W/G Popcorn Chicken-3.8 oz. w/ Sweet & Sour Sauce Vegetarian Beans-3/4c Fresh Apple-1 Whole Grain Bread - 1 Milk - 8oz	13 Beef Meatballs Parmigiana on Wheat Sub - 1 Diced Carrots -1c Fresh Pear-1 Milk -8oz	14 Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops -1 Celery Sticks w/ Dip- 3/4c Fresh Banana-1 Milk - 8oz	15 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1.5c. Fresh Orange -1 Milk - 8oz
18 W/G Chicken Fingers -3 Vegetarian Beans - 3/4c Whole Grain Bread -1 Strawberry Craisins - 1/2c Milk - 8oz	19 W/G Cheese Ravioli w/ Spaghetti Sauce -3oz Corn - 3/4c Whole Grain Bread - 1 Fresh Apple-1 Milk - 8oz	20 W/G Toasted Cheese Sandwich -1 Celery Sticks -3/4c w/ Dip Fresh Pear-1 Milk- 8oz	21 Tri Color Tortellini w/ Alfredo Sauce - 3oz Diced Carrots -1c Fresh Banana-1 Wheat Dinner Roll-1 Milk-8oz	22 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1.5c. Fresh Orange -1 Milk - 8oz
25 Sunflower Butter and Jelley Juice	26 closed	27 closed	28 closed	29 Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1.5c. Fresh Orange -1 Milk - 8oz
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Mixed Fruit Cup - 1/2c 100% Apple Juice-4oz. W/G Cinnamon Toasters-1oz W/G Corn Muffin - 2oz Milk-8 oz.	5 Fresh Orange-1 Multigrain Cheerios - 1oz. Apple Breakfast Bar - 1 Milk-8 oz.	6 Pineapple Cup - 1/2c 100% Apple Juice-4oz W/G White Bagel with Cream Cheese -1 Milk-8oz	7 Diced Pear Cup - 1/2c. 100% Fruit Punch-4oz W/G Poffitz Pancakes-1 Milk-8 oz.	8 Mixed Fruit Cup - 1/2c. 100% Apple Juice - 4oz W/G Superdonut - 1 Milk-8 oz.
11 Fresh Apple-1 W/G Fruit Loops Cereal -1oz. W/G Graham Crackers-3pk Milk-8 oz.	12 Peach Applesauce Cup-1/2c 100% Fruit Punch-4 oz. W/G Lemon Bread Slice-1 Milk-8 oz.	13 Applesauce Cup-1/2c 100% Apple Juice-4oz W/G Wheat Bagel w/ Butter -1 Milk-8oz	14 Fresh Orange - 1 W/G Pull Apart Glazed Cluster-1 Milk-8 oz.	15 Mixed Fruit Cup - 1/2c. 100% Apple Juice - 4oz W/G Superdonut - 1 Milk-8 oz.
18	19 Fresh Apple-1 W/G Frosted Flakes -1oz. W/G Graham Crackers-3pk Milk-8 oz.	20 Pineapple Cup - 1/2c 100% Fruit Punch -4oz W/G Powdered Mini Donut Holes-1 Milk-8oz	21 Applesauce Cup -1/2c 100% Orange-Tang Juice-4oz W/G Honey Scooters-1oz W/G Scooby Snacks-1 Milk-8 oz.	22 Mandarin Orange Cup - 1/2c 100% Grape Juice - 4oz. fruit loops W/G Blueberry Muffin-2oz Milk-8 oz.
25 Fresh Orange-1 Multigrain Cheerios - 1oz. Apple Breakfast Bar - 1 Milk-8 oz.	26 closed	27 closed	28 closed	29 Fresh Apple-1 W/G Frosted Flakes -1oz. W/G Graham Crackers-3pk Milk-8 oz.

