

BADR Lunch

June 1 - June 30

## What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;"><b>1</b></p> <p>W/G Chicken Fries -8 Cut Yams -1c Cherry Craisins - 1/2c. Wheat Dinner Roll -1 Milk -8oz</p>	<p style="text-align: right;"><b>2</b></p> <p>W/G Toasted Cheese Sandwich -1 3 Bean Salad Cup - 3/4c Fresh Apple-1 Milk-8 oz.</p>	<p style="text-align: right;"><b>3</b></p> <p>Macaroni &amp; Cheese -6oz Diced Carrots -1c Fresh Pear-1 Whole Grain Bread Slice-1 Milk-8oz</p>	<p style="text-align: right;"><b>4</b></p> <p>Tri-Color Tortellini w/ Alfredo Sauce -3oz Celery Sticks-3/4c w/Dip Fresh Banana -1 Wheat Dinner Roll-1 Milk-8 oz.</p>	<p style="text-align: right;"><b>5</b></p> <p>Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.</p>
<p style="text-align: right;"><b>8</b></p> <p>W/G Stuffed Shells -2 w/ Spaghetti Sauce Green Beans - 3/4c Orange Craisins - 1/2c Whole Grain Bread Slice - 1 Milk-8 oz.</p>	<p style="text-align: right;"><b>9</b></p> <p>All Beef Hamburger on Wheat Hamburger Bun - 1 Vegetarian Beans - 3/4c Fresh Apple-1 Milk-8 oz.</p>	<p style="text-align: right;"><b>10</b></p> <p>Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops-1 Fresh Baby Carrots -1c w/Dip Fresh Pear-1 Milk-8oz.</p>	<p style="text-align: right;"><b>11</b></p> <p>Cavatappi Pasta &amp; Broccoli w/ Alfredo Sauce-3oz Fresh Banana -1 Wheat Dinner Roll-1 Milk-8 oz.</p>	<p style="text-align: right;"><b>12</b></p> <p>Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.  last day of school</p>
<b>Breakfast</b>				
<p style="text-align: right;"><b>1</b></p> <p>Fresh Orange -1 W/G Honey Scooters Cereal -1oz W/G Apple Breakfast Bar-1 Milk-8 oz.</p>	<p style="text-align: right;"><b>2</b></p> <p>Peach Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. W/G Corn Flakes Cereal - 1oz. W/G Vanilla Bear Grahams-2pk Milk-8 oz.</p>	<p style="text-align: right;"><b>3</b></p> <p>Fresh Apple-1 W/G Fruit Loops Cereal-1 oz. W/G Blueberry Muffin-2oz. Milk-8 oz.</p>	<p style="text-align: right;"><b>4</b></p> <p>Fresh Pear-1 plain bagel with Cream Cheese -1 Milk-8 oz.</p>	<p style="text-align: right;"><b>5</b></p> <p>Diced Pear Cup - 1/2c. 100% Apple Juice - 4oz. W/G Superdonut - 1 Milk-8 oz.</p>
<p style="text-align: right;"><b>8</b></p> <p>Pineapple Cup - 1/2c 100% Apple Juice- 4oz.. W/G Special K Cereal-1oz. W/G Graham Crackers -3pk Milk-8 oz.</p>	<p style="text-align: right;"><b>9</b></p> <p>Fresh Pear - 1 W/G Toasted Oats Cereal -1oz. W/G Strawberry Breakfast Bar -1 Milk-8 oz.</p>	<p style="text-align: right;"><b>10</b></p> <p>Mandarin Orange Cup - 1/2c 100% Orange Tangerine Juice-4oz. W/G Cocoa Bread Slice -1 Milk-8 oz.</p>	<p style="text-align: right;"><b>11</b></p> <p>Fresh Orange - 1 W/G Honey Scooters Cereal -1oz. W/G Chocolate Loaf - 2oz. Milk-8 oz.</p>	<p style="text-align: right;"><b>last day of school</b></p> <p>Mixed Fruit Cup -1/2c 100% Apple Juice - 4oz. W/G Corn Chex Cereal -1oz. W/G Banana Muffin -2oz. Milk-8 oz.</p>