

May 2 - May 31

BADR School
Lunch

What's Cooking Today?

MONDAY		WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CLOSED MAY 2-6				
9	10	11	12	13
All Beef Hamburger on a Whole Wheat Bun-1 Kidney Beans-3/4 c. Fresh Orange-1 Milk-8 oz.	Grilled Chicken Fillet with Gravy-3 oz. Corn-3/4 c. Whole Wheat Dinner Roll Diced Peach Cup-1/2 c. Milk-8 oz.	Meatloaf w/ Ketchup-3 oz. Diced Carrots-1 c. Whole Wheat Dinner Roll Fresh Apple-1 Milk-8 oz.	Beef Nachos with Cheddar Cheese Sauce-6 oz. Celery Sticks w/ Dip-3/4 c. W/G Tortilla Scoops-1 oz. Fresh Banana-1 Milk-8 oz.	Cheese Lasagna w/ Sauce-5 oz. Broccoli Florets-3/4 c. Mixed Fruit Cup-1/2 c. Whole Grain Bread Milk-8 oz.
16	17	18	19	20
W/G Chicken Fingers-3 Vegetarian Beans-3/4 c. Whole Grain Bread Fresh Apple-1 Milk-8 oz.	Flame Broiled Teriyaki Beef Bites-4 Corn-3/4 c. Diced Pear Cup-1/2 c. Whole Grain Bread Milk-8 oz.	All Beef Italian Sub on a Whole Grain Sub Roll-1 (Beef Bologna, Salami, Cheese) Fresh Baby Carrots w/ Dip-1 c. Fresh Banana-1 Milk-8 oz.	W/G Breaded Chicken Patty on a Whole Wheat Bun-1 Green Beans-3/4 c. Cherry Craisins-1/2 c. Milk-8 oz.	Macaroni and Cheese-8 oz. Broccoli Florets-3/4 c. Whole Grain Bread Mandarin Orange Cup-1/2 c. Milk-8 oz.
23	24	25	26	27
All Beef Hamburger on a Whole Wheat Bun-1 Kidney Beans-3/4 c. Fresh Apple-1 Milk-8 oz.	Grilled Chicken Parmigiana-3 oz. Diced Carrots-1 c. Whole Grain Bread Strawberry Applesauce Cup-1/2 c. Milk-8 oz.	Swedish Meatballs w/ Gravy-3 oz. Mashed Potatoes-3/4 c. Whole Grain Bread Fresh Banana-1 Milk-8 oz.	Chicken Tacos w/ Shredded Cheddar Cheese-2 Green Beans-3/4 c. 6" W/W Soft Tortilla-2 Fresh Orange-1 Milk-8 oz.	Baked Ziti-8 oz. Romaine Salad w/ Dressing-1 1/2 c. Whole Wheat Dinner Roll Pineapple Cup-1/2 c. Milk-8 oz.
30	31			
Turkey and Cheese on a Whole Grain Kaiser Roll-1 Fresh Baby Carrots w/ Dip-1 c. Fresh Apple-1 Milk-8 oz.	Popcorn Chicken-3.8 oz. Corn-3/4 c. Diced Pear Cup-1/2 c. Whole Grain Bread Milk-8 oz.			

9

10

11

12

13

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<p>Fresh Apple-1 W/G Honey Scooters-1 oz. W/G Graham Crackers-3 Milk-8 oz.</p>	<p>Fresh Pear-1 Whole Grain Honey Bun-1 Milk-8 oz.</p>	<p>Fresh Orange-1 W/G White Bagel with Cream Cheese-1 oz. Milk-8 oz.</p>	<p>Fresh Apple-1 W/G Frosted Flakes-1 oz. W/G Pineapple Muffin-2 oz. Milk-8 oz.</p>	<p>Fresh Orange-1 W/G Honey Graham Toasters Cereal-1 oz. W/G Vanilla Bear Grahams-2 Milk-8 oz.</p>
<p style="text-align: right;">16</p> <p>Fresh Orange-1 fruit loops Cereal-1 oz. Chocolate Bear Grahams-2 Milk-8 oz.</p>	<p style="text-align: right;">17</p> <p>Fresh Apple-1 W/G Cinnamon Crumb Cake-3 oz. Milk-8 oz.</p>	<p style="text-align: right;">18</p> <p>Mandarin Orange Cup-1/2 c. 100% Apple Juice-4 oz. W/G Croissant with Margarine-2.2 oz. Milk-8 oz.</p>	<p style="text-align: right;">19</p> <p>Fresh Apple-1 Rice Krispies W/G Pineapple Muffin-2 oz. Milk-8 oz.</p>	<p style="text-align: right;">20</p> <p>Granny Smith Apple-1 W/G Cinnamon Toasters Crl-1 oz. W/G Apple Nutrigrain Bar-1 Milk-8 oz.</p>
<p style="text-align: right;">23</p> <p>Fresh Pear-1 W/G Frosted Flakes-1 oz. W/G Graham Crackers-3 Milk-8 oz.</p>	<p style="text-align: right;">24</p> <p>Fresh Apple-1 Honey Scooters Cereal-1 oz. W/G Banana Muffin-2 oz. Milk-8 oz.</p>	<p style="text-align: right;">25</p> <p>Fresh Orange-1 W/G Wheat Bagel with Cream Cheese-1 oz. Milk-8 oz.</p>	<p style="text-align: right;">26</p> <p>Fresh Pear-1 W/G Fruit Loops Cereal-1 oz. W/G Strawberry Waffle Grahams-2 Milk-8 oz.</p>	<p style="text-align: right;">27</p> <p>Fresh Apple-1 Whole Grain Honey Bun-1 Milk-8 oz.</p>
<p style="text-align: right;">30</p> <p>Fresh Apple-1 W/G Cinnamon Crumb Cake-3 oz. Milk-8 oz.</p>	<p style="text-align: right;">31</p> <p>Applesauce Cup-1/2 c. 100% Orange/Tangerine Juice-4 oz. W/G Honey Graham Toasters Cereal-1 oz. W/G Graham Crackers-3/Milk-8 oz.</p>			